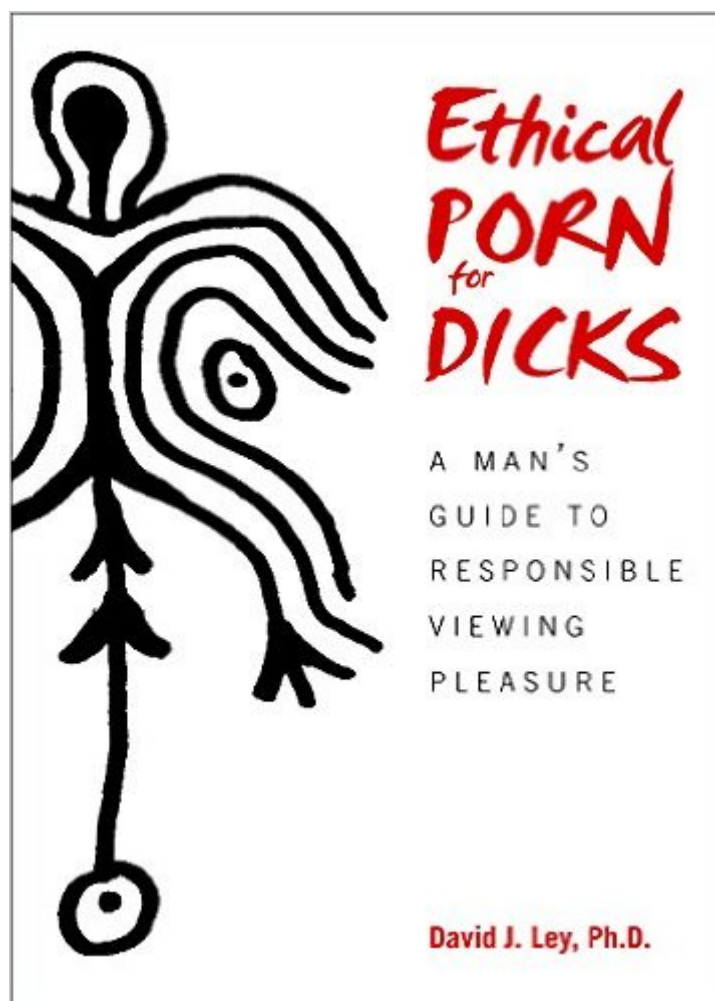


The book was found

Ethical Porn For Dicks: A Man's Guide To Responsible Viewing Pleasure



Synopsis

Our media is filled with confusing, polarizing messages about the dangers of porn, while at the same time sexually explicit images are pronounced in advertising and entertainment. Using a natural question/answer format for people feeling fear and shame about porn use, this accessible, funny, and well-informed book is the first one to offer men a nonjudgmental way to discover how to view and use pornography responsibly. David J. Ley, PhD, is an internationally recognized expert on issues related to sexuality and mental health. He has authored two books, published in the Los Angeles Times and Playboy, and appeared on television with Anderson Cooper and Dr. Phil.

Book Information

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Customer Reviews

The short version of my review is this " it is fantastic. Stop reading this review, get a copy, and start reading it right now. Everyone. The book is an incredibly easy read. Ley writes in a casual, friendly style, as if he's just having a conversation with you. This isn't a book that sets out to prove its points with piles of detailed research. However, Ley easily references current research without getting bogged down in technical details. There is a list of sources in that back that you can use to delve deeply into the science or completely ignore. A fun bonus feature is the scattering of petro-porn " petroglyph images depicting sex and sexuality. It is clear from the outset that this book's primary purpose is not defending porn. Ley's starting point is that porn is neither inherently good nor bad. What matters is how it is made and used. I doubt that it will convince many, if any, staunchly anti-porn folks to change their mind. What it will do is help people that use or want

to use porn but struggle with any number of issues related to its use. Ley navigates through a wide variety of topics including societal norms, frequency of use, types of porn, issues about the porn industry and those employed by it, porn use in relationships, potential legal issues, conflict with personal or religious values, and physiological impacts such as brain changes, erectile dysfunction, and the "death grip." There are a lot of fantastic takeaways in this book. For me, one of the most important is that there is actually a lot we can do in regards to the ethics of porn use. It isn't an all or nothing proposition. We can make choices that are more responsible and ethical both for ourselves in the moment and that push the larger concept of porn to behave more ethically.

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